



A Shredding Box is located in the Bistro

The Courtyards December 2020

Receptionist and Security 633-2378

Items in BLUE = Special In-House Activities
Items in RED = Off Site Trips and Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Thank You</p>  <p>For Social Distancing!</p>	 <p>DOING THE MOST GOOD</p> <p>Salvation Army Donations A collection barrel is in the REC where you can drop off your unwanted items</p>	<p>1 9:00 Exercise Class (REC) 9:30 Walmart Shopping Trip 11:00 Walking Outside (B) 11:00 Conversation with Jeff (sign-up due to limited seating) (REC) 11:30 Bealls Department Store 1:00 Bridge Game (REC) 1:30 Walking Inside (B) 5:00 Strolling Saxophonist 6:30 Hand & Foot (TV side)</p>	<p>2 8:00 Podiatrist Visit (B) 9:15 Exercise with Maria (REC) 9:30 Super Market Trip 10:00 Water Fitness (Pool) 10:30 Exercise with Diane (REC) 1:00 Euchre/Cards/Mahjong (REC) 1:30 Walking Inside (B) 4:00 Strolling Guitarist (Outside) 5:00-? Table Games in the REC 6:00 Christmas Lights Tour 6:30 Bridge Game (TV side) (REC)</p>	<p>3 9:00 Billiards (Bldg. 233/235 2nd Fl) 9:00 Exercise w/ Donna (REC) 9:30 Walmart Shopping Trip 11:00 Walking Outside (B) 11:30 Ellenton Premium Outlet Mall 1:30 Walking Inside (B) 4:00 Facetime with family (B) 5:00-? Table Games in the REC</p>	<p>4 9:15 Exercise w/ Maria (REC) 9:30 Super Market Trip 10:30 Exercise with Diane (REC) 11:30 Scenic Mystery Ride 1:30 Walking Inside (B) 2:00 Sitting Tai Chi (REC) 3:30 Strolling Saxophonist 4:00 Facetime with family (B) 6:00 Evening Movie in the REC</p>	<p>5 9:15 Exercise w/ Maria (REC) 11:00 Walking Outside (B) 2:00 "Mandala & Merlot" (please sign-up in the Mail Room for planning purposes) (REC) 7:00 Saturday Night Movie in the REC (Movie information is posted in the Mail Room)</p>
<p>6 11:00 Walking Outside (B) 1:30 Sunday Christian Worship Service in the REC 1:30 Walking Inside (B) 4:00 Sunday Bingo (REC) 6:00 Sunday evening movie showing in the REC (Note: Movie info is in Mail Room)</p>	<p>7 9:00 Exercise w/ Donna (REC) 9:30 Super Market Trip 10:00 Water Fitness (Pool) 10:00 Rosary (REC) 11:30 Scenic Mystery Ride 1:30 Walking Inside (B) 2:00 Sitting Tai Chi (REC) 6:00 Mexican Train Dominos (REC) - Weekly bingo starts today! - Today is Pearl Harbor Day</p>	<p>8 9:00 Exercise Class (REC) 9:30 Walmart Shopping Trip 11:00 Walking Outside (B) 11:30 Life of Elvis (REC) 1:00 Bridge Game (REC) 1:30 Walking Inside (B) 3:00 Longhorn Steak House 3:00 Strolling Saxophonist 6:30 Hand & Foot (TV side)</p>	<p>9 9:30 Super Market Trip 10:30 Exercise with Diane (REC) 1:00 Euchre/Cards/Mahjong (REC) 1:30 Walking Inside (B) 5:00-? Table Games in the REC 6:00 Christmas Lights Tour 6:30 Bridge Game (TV side) (REC) 7:00 Christmas Party with entertainment & refreshments (DR)</p>	<p>10 9:00 Billiards (Bldg. 233/235 2nd Fl) 9:00 Exercise w/ Donna (REC) 9:30 Walmart Shopping Trip 11:00 Walking Outside (B) 12:00 The Season of Giving (REC) 1:30 Walking Inside (B) 4:00 Facetime with family (B) 5:00-? Table Games in the REC - Hanukkah begins at sundown</p>	<p>11 9:15 Exercise w/ Maria (REC) 9:30 Super Market Trip 10:30 Exercise with Diane (REC) 11:30 Scenic Mystery Ride 1:30 Walking Inside (B) 2:00 Sitting Tai Chi (REC) 3:30 Strolling Saxophonist 4:00 Facetime with family (B) 6:00 Evening Movie in the REC (Note: Movie info is in Mail Room)</p>	<p>12 9:15 Exercise w/ Maria (REC) 10:30 Line Dancing (REC) 2:00 Ladies Tea (please sign-up in the Mail Room for planning purposes) (REC) 7:00 Saturday Night Movie in the REC (Movie information is posted in the Mail Room)</p>
<p>13 11:00 Walking Outside (B) 1:30 Sunday Christian Worship Service in the REC 1:30 Walking Inside (B) 4:00 Sunday Bingo (REC) 6:00 Sunday evening movie showing in the REC (Note: Movie info is in Mail Room) - National Guard Birthday</p>	<p>14 9:00 Exercise w/ Donna (REC) 9:30 Super Market Trip 10:00 Water Fitness (Pool) 11:00 Walking Outside (B) 11:30 Scenic Mystery Ride 12:30 Tech Talk w/ Peter! (REC) 1:30 Walking Inside (B) 2:00 Sitting Tai Chi (REC) 6:00 Mexican Train Dominos (REC) - Weekly bingo starts today!</p>	<p>15 9:00 Exercise Class (REC) 9:30 Walmart Shopping Trip 11:00 Walking Outside (B) 11:00 Conversation with Jeff (sign-up due to limited seating) (REC) 11:30 Mazzaro's Italian Market 1:00 Bridge Game (REC) 1:30 Walking Inside (B) 6:30 Hand & Foot (TV side) (REC)</p>	<p>16 9:15 Exercise with Maria (REC) 9:30 Super Market Trip 10:00 Water Fitness (Pool) 10:30 Exercise with Diane (REC) 11:30 Victorian Christmas Stroll 1:00 Euchre/Cards/Mahjong (REC) 1:30 Walking Inside (B) 4:00 Strolling Guitarist (Outside) 5:00-? Table Games in the REC 6:00 Christmas Lights Tour 6:30 Bridge Game (TV side) (REC)</p>	<p>17 9:00 Billiards (Bldg. 233/235 2nd Fl) 9:00 Exercise w/ Donna (REC) 9:30 Walmart Shopping Trip 11:00 Walking Outside (B) 11:30 Ellenton Premium Outlet Mall 1:30 Walking Inside (B) 2:00 Courtyards' Carolers (REC) 4:00 Facetime with family (B) 5:00-? Table Games in the REC</p>	<p>18 9:15 Exercise w/ Maria (REC) 9:30 Super Market Trip 10:30 Exercise with Diane (REC) 11:30 Lunch at Italian Kitchen 12:00 Covid-19 Rosary (REC) 2:00 Sitting Tai Chi (REC) 3:30 Strolling Saxophonist 6:00 Discovery Univ. DVD (REC) (Lecture handouts are in the MR) - Hanukkah ends at sundown</p>	<p>19 9:15 Exercise w/ Maria (REC) 11:00 Walking Outside (B) 2:00 Christmas music concert with Mr. Music (Pool) 7:00 Saturday Night Movie in the REC (Movie information is posted in the Mail Room)</p>
<p>20 11:00 Walking Outside (B) 1:30 Sunday Christian Worship Service in the REC 1:30 Walking Inside (B) 4:00 Sunday Bingo (REC) 6:00 Sunday evening movie showing in the REC (Note: Movie info is in Mail Room)</p>	<p>21 9:00 Exercise w/ Donna (REC) 9:30 Super Market Trip 10:00 Water Fitness (Pool) 11:30 Bealls Outlet Store 1:30 Walking Inside (B) 2:00 Sitting Tai Chi (REC) 3:00 Fred's Market Restaurant 3:30 Courtyards' Carolers (REC) 6:00 Mexican Train Dominos (REC) - Weekly bingo starts today!</p>	<p>22 9:00 Exercise Class (REC) 9:30 Walmart Shopping Trip 11:00 Walking Outside (B) 11:00 Resident Orientation (REC) 1:00 Bridge Game (REC) 1:30 Walking Inside (B) 4:00 Facetime with family (B) 6:30 Hand & Foot (TV side) (REC)</p>	<p>23 9:15 Exercise with Maria (REC) 9:30 Super Market Trip 10:00 Water Fitness (Pool) 10:30 Exercise with Diane (REC) 3:00 Christmas Memories (REC) 1:00 Euchre/Cards/Mahjong (REC) 1:30 Walking Inside (B) 5:00-? Table Games in the REC 6:00 Christmas Lights Tour 6:30 Bridge Game (TV side) (REC)</p>	<p>24 Christmas Eve 9:00 Billiards (Bldg. 233/235 2nd Fl) 9:00 Exercise w/ Donna (REC) 9:30 Walmart Shopping Trip 11:00 Walking Outside (B) 1:30 Walking Inside (B) 4:00 Facetime with family (B) 5:00-? Table Games in the REC 6:15 Candlelight Service</p>	<p>25 MERRY CHRISTMAS 6:00 Evening Movie in the REC (Note: Movie info is in Mail Room)</p>	<p>26 9:15 Stay Fit DVD (REC) 10:30 Line Dancing (REC) 1:30 Walt's Record Session (REC) 5:00 Strolling Saxophonist 7:00 Saturday Night Movie in the REC (Movie information is posted in the Mail Room)</p>
<p>27 11:00 Walking Outside (B) 1:30 Sunday Christian Worship Service in the REC 1:30 Walking Inside (B) 4:00 Sunday Bingo (REC) 6:00 Sunday evening movie showing in the REC (Note: Movie info is in Mail Room)</p>	<p>28 9:00 Exercise w/ Donna (REC) 9:30 Super Market Trip 10:00 Water Fitness (Pool) 11:00 Walking Outside 11:30 Scenic Mystery Ride 12:30 Tech Talk w/ Peter! (REC) 1:30 Walking Inside (B) 2:00 Sitting Tai Chi (REC) 6:00 Mexican Train Dominos (REC) - Weekly bingo starts today!</p>	<p>29 9:00 Exercise Class (REC) 9:30 Walmart Shopping Trip 10:00 Communion (REC) 11:00 Walking Outside (B) 11:00 Resident Orientation (REC) 1:00 Bridge Game (REC) 1:30 Walking Inside (B) 3:00 Longhorn Steak House 6:30 Hand & Foot (TV side) (REC)</p>	<p>30 9:15 Exercise with Maria (REC) 9:30 Super Market Trip 10:00 Water Fitness (Pool) 10:30 Exercise with Diane (REC) 1:00 Euchre/Cards/Mahjong (REC) 1:30 Walking Inside (B) 4:00 Strolling Guitarist (Outside) 5:00-? Table Games in the REC 6:00 Christmas Lights Tour 6:30 Bridge Game (TV side) (REC)</p>	<p>31 9:00 Billiards (Bldg. 233/235 2nd Fl) 9:00 Exercise w/ Donna (REC) 9:30 Walmart Shopping Trip 11:00 Walking Outside (B) 1:30 Walking Inside (B) 4:00 Facetime with family (B) 5:00-? Table Games in the REC 7:00 New Year's Eve Party (DR)</p>	<p>Wear Red on Fridays Support Our Troops</p>	<p>Key of Abbreviations MR = Mail Room B = Bistro DR = Dining Room L = Lounge PDR = Private Dining Room REC = Recreation & Events Center (Activity Room)</p>

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